



Dear *(your child's name or nickname)*

Congratulations! Today's a big day!  
I know that it's hard to put binkie *(or a word you use for pacifier)* away.  
But the hardest part's over and soon you will see,  
Little by little you'll start to feel free.

Know that your parents are here if you struggle,  
And can give you a kiss, a hug or a cuddle.  
You are surrounded by love and people who care,  
We'll be your support, and help you get there!

Some days might be easy while others are not  
But remember that binkie will not be forgot.  
You love your dear friend but it's time to move on,  
The decision you've made proves that you're strong!

We're so proud of the step you have taken today,  
The challenge is real but will soon fade away.  
Be patient, be strong and you'll learn as you go,  
You will succeed, this much I know!

You're doing great *(name)*, continue on your journey and I'll write again soon...

Pacita

